

## CONTENTS

• Foreword .....	7
• THEORY .....	11
• Historical Foundations .....	13
• Philosophical Foundations.....	27
• Psychological Foundations .....	41
• Relations with Other Theories in Psychotherapy	51
• Classic Psychodrama .....	59
• Nonverbal Communication and Psychodrama ....	83
• Application and Education .....	93
• Psychodrama and Theatre .....	101
• Glossary of Psychodramatic Terms and Techniques .....	107
• Perspectives .....	121
• PRACTICE .....	125
• Vignettes.....	127
• Short Psychodrama .....	149
• Psychodrama and Anxiety Disorders .....	159
• Working on Suppressed Anger in Psychodrama .....	173
• Psychodrama and Trauma .....	181

- Transference in Psychodrama ..... 193
- Psychodrama and Character Armour ..... 205
- Psychodrama and Psychosomatic Disorders .... 219
- The Use of Psychodrama with Children..... 227
- Sociodrama ..... 247
- The Application of Psychodrama and Sociodrama in the Training of Human Resources ..... 257
- Psychodrama as a Healing Art ..... 287